

COMPETITION DIVISIONS

PATTERN COMPETITION DIVISIONS

Black Belt Divisions: (16 and older, men & ladies)

- Black Belt Second Dan and above
- Black Belt First Dan

Adult Mens Divisions: (16 and older)

- Mens Advanced
- Mens Intermediate
- Mens Novice

Adult Ladies Divisions: (16 and older)

- Ladies Advanced
- Ladies Intermediate
- Ladies Novice

Seniors Divisions: (35 and older, men & ladies)

- Seniors Black Belt
- Seniors Advanced
- Seniors Intermediate
- Seniors Novice

Juniors Divisions: (all 14 and 15 years old)

- Junior Black Belt
- Junior Advanced
- Junior Intermediate
- Junior Novice

Pre-Juniors Divisions: (all 12 and 13 years old)

- Pre-Junior Black Belt
- Pre-Junior Advanced
- Pre-Junior Intermediate
- Pre-Junior Novice

Pee-Wee Divisions: (all 10 and 11 years old)

- Pee-Wee Black Belt
- Pee-Wee Advanced
- Pee-Wee Intermediate
- Pee-Wee Novice

Mini Pee-Wee Divisions: (all 8 and 9 years old)

- Pee-Wee Advanced
- Pee-Wee Intermediate
- Pee-Wee Novice

Tiny Divisions: (all 7 and under)

- Tiny Advanced
- Tiny Intermediate
- Tiny Novice

SELF DEFENCE DIVISIONS

(Male and female compete together)

Adult Divisions: (all 16 to 34 years old)

- Adults Black Belts
- Adults Advanced Colour Belts
- Adults Intermediate Colour Belts
- Adults Novice Colour Belts

Junior Divisions: (all 12 to 15 years old)

- Junior Advanced
- Junior Intermediate
- Junior Novice

Pee-Wee Divisions: (all 11 and under)

- Pee-Wee Advanced
- Pee-Wee Intermediate
- Pee-Wee Novice

Seniors Divisions: (35 and older)

- Senior Black belt
- Senior Advanced
- Senior Intermediate
- Senior Novice

Self Defence competitors demonstrate five techniques only, on mats provided. Competitors arrange for own attacker(s) and any weapons to be employed. Only blunt wood or rubber simulated weapons are permitted.



COMPETITION DIVISIONS

SPARRING COMPETITION DIVISIONS

Adult Mens Black Belt Divisions (16 to 34 years old)

- Black Belt Heavyweight
- Black Belt Lightweight

Adult Mens Divisions (16 to 34 years old)

- Mens Advanced
- Mens Intermediate
- Mens Novice

Adult Ladies Divisions (16 and older)

- Ladies Black Belt
- Ladies Advanced
- Ladies Intermediate
- Ladies Novice

Seniors Mens Divisions (35 and older)*

- Senior Mens Black Belt
- Senior Mens Advanced
- Senior Mens Intermediate
- Senior Mens Novice

Seniors Ladies Divisions (35 and older)*

- Senior Ladies Black Belt
- Senior Ladies Advanced
- Senior Ladies Intermediate
- Senior Ladies Novice

Junior Boys Divisions (14 & 15 years)

- Junior Black Belt
- Junior Advanced
- Junior Intermediate
- Junior Novice

Junior Ladies Divisions (14 to 15 years old)

- Junior Ladies Black Belt
- Junior Ladies Advanced
- Junior Ladies intermediate
- Junior Ladies Novice

Pre-Junior Divisions (12 & 13)

- Pre-Junior Black Belt
- Pre-Junior Advanced
- Pre-Junior Intermediate
- Pre-Junior Novice

Pee-Wee Divisions (10 & 11)

- Pee-Wee Black Belt
- Pee-Wee Advanced
- Pee-Wee Intermediate
- Pee-Wee Novice

Mini Pee-Wee Divisions (8 & 9)

- Mini Pee-Wee Black Belt
- Mini Pee-Wee Advanced
- Mini Pee-Wee Intermediate
- Mini Pee-Wee Novice

Tiny Divisions (7 & under)

- Tiny Advanced
- Tiny Intermediate
- Tiny Novice

NOTE: Any division with less than four competitors may be grouped with the next closest division. Sparring divisions can be divided into Lightweight and Heavyweight if there are enough competitors and there are sufficient numbers of trophies.

* An 'Executive' Division (for 45 years old and over) may be created if there are sufficient number of competitors.